



THE TIME IS NOW

how to start tough conversations with your kids



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WHAT ARE SOME THINGS
THAT ARE TOUGH TO TALK
ABOUT WITH YOUR KIDS?



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TWO APPROACHES
EXPERTS & COMMUNITY



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DR. DEBORAH GILBOA Discussing Tragedies with Your Kids

- Preschool-kindergarten: One-sentence story
- Elementary school children: Shield them
 - Limit media saturation
- Tweens: Listen to their feelings
“How are you feeling about...”
- Teens: Look for solutions
“How are you feeling about...And what would you like to do about it.”



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LIMITATIONS OF EXPERTS



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PARENTS, PASTORS &
COMMUNITY



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HOW TO TALK TO YOUR T(W)EEN

- Setting the Stage
 - Expectation of Sharing
 - Regular Rhythm
- Be Direct but Not Brutal
 - Intentional Location
 - Backup Quarterback
- Listen Without Lecturing
 - Give Weight To Their Thoughts & Feelings
 - Be Self-Aware
- It's Okay To Wait
 - Inviting Others In



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WHERE IS THE LORD

- Trust vs Fear
- Deep Roots - Theology Matters
- Not Forsaking the Assembling

HEBREWS 10:23-25



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²³ Let us hold unswervingly to the hope we profess, for he who promised is faithful. ²⁴ And let us consider how we may spur one another on toward love and good deeds, ²⁵ not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

A young woman with blonde hair in a ponytail, wearing a striped shirt and black overalls, walks away from the camera on a paved path at a fair. In the background, a large Ferris wheel is illuminated with lights, and other people are visible. The scene is set during dusk or dawn.

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