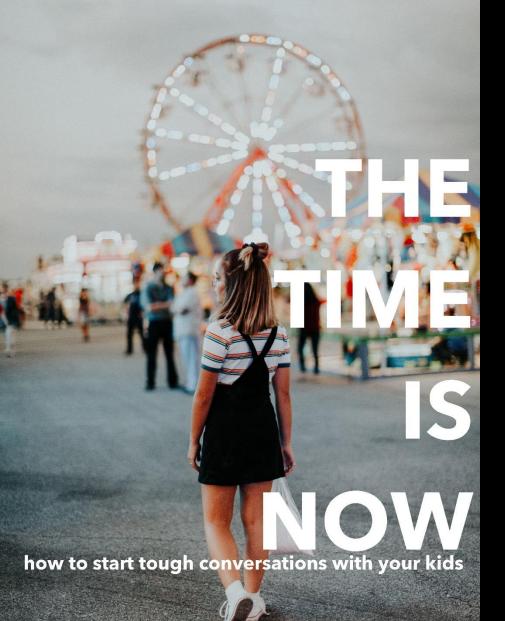
# how to start tough conversations with your kids

# WHAT ARE SOME THINGS THAT ARE TOUGH TO TALK ABOUT WITH YOUR KIDS?



# TWO APPROACHES EXPERTS & COMMUNITY

how to start tough conversations with your kids



## DR. DEBORAH GILBOA Discussing Tragedies with Your Kids

- Preschool-kindergarten: One-sentence story
- Elementary school children: Shield them
  - Limit media saturation
- Tweens: Listen to their feelings "How are you feeling about..."
- Teens: Look for solutions "How are you feeling about...And what would you like to do about it."

# LIMITATIONS OF EXPERTS

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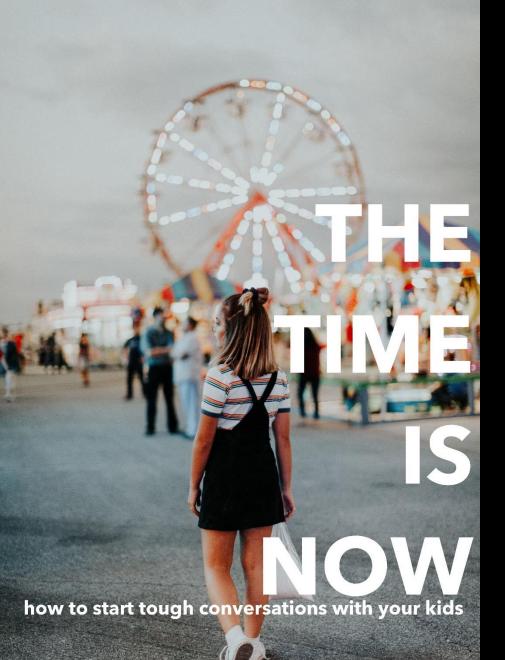
# how to start tough conversations with your kids

# Parents, Pastors & Community



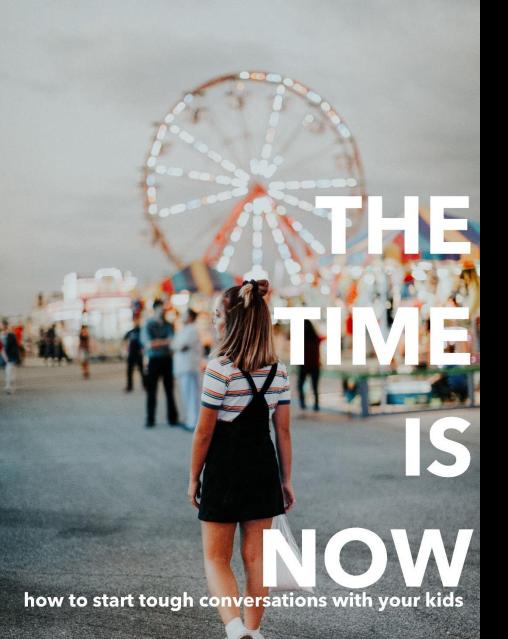
# HOW TO TALK TO YOUR T(W)EEN

- Setting the Stage
  - Expectation of Sharing
  - Regular Rhythm
- Be Direct but Not Brutal
  - Intentional Location
  - Backup Quarterback
- Listen Without Lecturing
  - Give Weight To Their Thoughts & Feelings
  - Be Self-Aware
- It's Okay To Wait
  - Inviting Others In



# Where is the LORD

- Trust vs Fear
- Deep Roots Theology Matters
- Not Forsaking the Assembling



### Hebrews 10:23-25

<sup>23</sup> Let us hold unswervingly to the hope we profess, for he who promised is faithful. <sup>24</sup> And let us consider how we may spur one another on toward love and good deeds, <sup>25</sup> not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

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